

OFL - WSIB Essentials

September 28th - October 4th 2013

Embassy Suites & Conference Centre - Niagara Falls

I would like to thank the Union for allowing me to attend the 2013 OFL training held at the Embassy Suites & Conference Centre in Niagara Falls. I attended a 5-day WSIB Essentials course which covers level one and level two of the WSIB training program as well as accommodation law essentials.

Our instructor is the president of her local and had many years of experience dealing with WSIB and return to work to share. There were 12 people in our group from various industries and backgrounds meaning we were able to have lots of diverse discussions about the topics covered. We also spent an afternoon doing a practical workshop on a WSIB file, looking at the relevant forms for information and answering questions.

Understanding the terms used, how a file is organized, what information and how information is used makes a huge difference when dealing WSIB. Other course participants who had experience in dealing with WSIB commented repeatedly on how this knowledge will make a lot of their frustrations diminish.

This course was an incredible resource tool and learning experience for me it has provided the beginning of a solid foundation in WSIB. It also emphasized the importance of a functioning Joint Health & Safety Committee and reinforced the need for incident reports in the workplace - you never know what you may need to rely on at a later date!

Tammi Glasgow

973 Joint Health & Safety Committee Rep