

## CUPE Spring School

February 27<sup>th</sup> - March 3<sup>th</sup> 2013

Sheraton Conference Centre, Toronto

I would like to thank the Union for allowing me to attend the 2013 CUPE Spring School held at the Sheraton Conference Centre in Toronto. This was the first time that I have attended CUPE Education program and I certainly hope it will not be the last.

The 5-day Occupational Health & Safety Level I course was presented by the Workers Health and Safety Centre and exceeded all my expectations. It was refreshing having instructors who are currently worker members on their Joint Health & Safety Committees take time away from their employment to impart their significant knowledge and experience. Our instructors Dayn Grey & Joanne Brown were great at facilitating and making a huge amount of information from the course manual, videos and practical workshops come to life.

There was over 129 years of Health & Safety experience in our class and hearing stories from others attending about the practical application of knowledge was enlightening. It was very interesting to hear what issues others have faced and how they have tackled their issues, offered insight on what they considered to be their successes and failures.

The main subjects covered were the roles of workers, management and the Ministry of Labour, how the body functions, the effect of hazards and their sources, the principles of hazard controls, carrying out inspections and investigations.

This course was an incredible learning/resource tool for me it has exposed me to a variety of ways workers can and should participate to ensure that workplaces are safe for everyone! I believe it will be invaluable as I continue serve as one of your health & safety representatives.

*Tammi Glasgow*

973 Joint Health & Safety Committee Rep